




Heron SPRING 2026 Term 3

(When returning back from a holiday we will always return on week 1)

Dates	MONDAY Around the World 	TUESDAY Traditional Roast	WEDNESDAY Italian 	THURSDAY Traditional Roast	FRIDAY Chip day 
5th January	Mild Chicken Curry & Rice NEW	Roast Beef With New Potatoes & Gravy	Wholemeal Ham Pizza with Potato Wedges	Roast Chicken & Mash Potato & Gravy	Sausage & Chips Bake Beans/Peas with Tomato Ketchup
12th January	Chocolate Sponge with Chocolate Sauce	Apple Flapjack	Orange Jelly & Apple Slices	Rice Pudding with Strawberry Jam	Vanilla Ice Cream & Fruit
19th January	Savoury Mince Beef in Yorkshire Pudding & Potato Wedges NEW	Roast Chicken & New Potatoes with Gravy	Wholemeal Pepperoni Pizza & Pasta Twists	Roast Beef & Mashed Potatoes & Gravy	Fish Fingers & Chips Peas/ Baked Beans With Tomato Ketchup
26th January	Jacket Potato with Salmon	Cheese & Potato Pie	Cheese & Tomato Pizza	Chick Pea & Veg Curry	Red Pepper Frittata
DAILY SEASONAL VEGETABLES					
2nd February	Jacket Potato with Beans	Macaroni Cheese	Cheese & Tomato Pizza	5 Bean Pasta Bake	Quorn Sausage
9th February	Pasta Bolognaise with Garlic Dough Balls	Roast Turkey & New Potatoes	Wholemeal BBQ Chicken Pizza & Wedges	Roast Chicken & Mash Potato	Sausage & Chips Peas & Baked Beans with Tomato Ketchup
16th February	Jacket Potato with Cheese	Lentil & Roasted Veg Pasta	Margarita Pizza	Quorn Tikka Wrap	Spicy Bean Burger
23rd February	Pear Sponge & Custard	Chocolate Krispie Cake	Cinnamon & Apple Sponge	Lemon Iced Buns	Chocolate Ice-Cream & Fruit

A fresh salad bar is available Monday to Thursday as an alternative to hot food – Homemade bread, Fresh fruit and yoghurts also available daily. Allergen information for the menu is available on the school website with the menu. If your child has a food allergy or intolerance, please inform the SCHOOL OFFICE.

