

Autumn/Winter Menu Starting week commencing 2nd September 2019 (week 1)



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 02/09/19, 23/09/19 14/10/19,04/11/19 25/11/19,16/12/19 06/1/20,27/01/20	Chicken Korma with Rice (M) or Jacket Potato with Baked Beans (v) Peas Broccoli Iced Fruit Sponge (W,M,E)	Cottage Pie and Gravy (S) Or Cheese Omelette (V,D) Mash Potatoes Carrots Peas Oatie Biscuits (D,G,W,C)	Homemade Salmon Pattie (E,W) or Vegetable Wraps (V,D,G) New Potatoes Cauliflower Sweet Corn Winter Crumble and Custard (D,W,G,C)	Roast Chicken Dinner (S) or Wholemeal Cheese and Tomato Pasta (V,G,D) Roast Potato Carrots Green Beans Fruity Shortbread (G,C,D)	Fish Portion (F,G,C) or Veggie Burger (V,M/D,G) Chips Pasta Twirls Baked Beans Peas Chocolate Krispie (D,C,)
Week 2 09/09/19, 0/09/19 21/10/19, 1/11/19 02/12/19,13/01/20 03/02/20	Mince Beef Curry with Rice or Jacket Potatoes With Cheese (v) Peas Broccoli Iced Chocolate and Mandarin Sponge (E,W,M)	Sausages in Gravy with Yorkshire Puds (S,E,G,C,M) Or Quorn Sausage (v) Mash Potatoes Carrots Peas Melting Moments (D)	Tuna and Sweetcorn Pasta Bake (M,D,G,C) or Baked Bean Lasagne (V,G,C,M,D) New Potatoes Cauliflower Sweetcorn Apple Crumble and Custard (D,W,G,C)	Roast Chicken Dinner (S) or Crispy Topped Veg Pie (V,D) Roast Potato Carrots Green Beans Chocolate Shortbread (G,C,D)	Fish Cakes (F,G,C) Or Macaroni Cheese (V,D,G,C) Chips Baked Beans Peas Fruity Flapjack (G,C)
Week 3 16/09/19, 07/10/19 18/11/19, 09/12/19 220/01/20,10/02/20	Chilli con carne with Rice or Jacket Potato with Baked Beans (v) Peas Broccoli Lemon Drizzle Sponge (E,W,M)	Chicken Pie with Gravy (S) or Vegetable Omelette (V,E) Mash Potatoes Carrots Peas Chocolate Chip Cookie (D,S)	Wholemeal Spaghetti Bolognaise with Garlic Bread (G,C,S,M) or Vegetable Paella (v) New Potatoes Cauliflower Sweetcorn Apple Charlotte and Custard (D,W,G,C,E,M)	Roast Chicken Dinner (S) Or Cheese and Potato Pie (V,D) Roast Potato Carrots Green Beans Fruity Iced Buns (E,M,G,C)	Fish Fingers (F, G,C) or Quorn Fingers (v) Chips Potato Cake Baked Beans Peas Golden Cracknel (D,C)

A fresh salad bar is available Monday to Thursday as an alternative to hot food.
 Fresh fruit and yoghurts available daily.

MENUS ARE SUBJECT TO CHANGE AT SHORT NOTICE IF ANY UNFORSEEN CIRCUMSTANCES OCCUR

ALLERGEN INFORMATION	
G - GLUTTEN N- NUTS P- PEANUTS E- EGGS M- MILK D- DAIRY S-SOYA F- FISH L- LUPIN	S/D – SUPHITES (SULPHUR DIOXIDE) C- CELERY C/F- CRUSTACEA M/F- MOLLUSCS S/S- SESAME SEEDS L- LUPIN MC- MAY CONTAIN ALLERGENS CR-CEREAL

THE COST OF A SCHOOL LUNCH
IS £2.00
ANY SPECIAL DIETARY NEEDS PLEASE INFORM THE
SCHOOL OFFICE.

