

Autumn/Winter Menu week commencing Monday 4th September 2023 (week 1). When returning back from a holiday we will always return on a week 1



off5851	Pizza Monday	Pasta Tuesday	Pie Wednesday	Roast Thursday	Fish Friday
<p>Week 1</p> <p>04/09/23,25/09/23, 16/10/23,06/11/23 27/11/23,18/12/23 15/01/24,05/02/24</p>	<p>Ham Pizza (G,D) or Cheese/Tomato Pizza (G,D,V) Mash Coleslaw Sweet corn (M,G) Apple flapjack (G)</p>	<p>Sausage and Tomato Pasta (G) Or Vegetable Lasagne (V,G) Potatoes Carrots Broccoli Chocolate Cake/Chocolate Sauce (D,M,G)</p>	<p>Cottage Pie with Gravy or Mild Vegetable Curry (V) Rice Cauliflower Mixed Vegetable Rice Pudding with peach (M)</p>	<p>Roast Chicken Dinner (S) or Vegetable Loaf (V,D,G,M) Roast Potato Cabbage Green Beans Chelsea Buns (G)</p>	<p>Fish (F,G,C) or Broccoli Quiche (G,V,E,M, Chips Baked Beans Peas Strawberry Jelly and fruit Trifle (V,M)</p>
<p>Week 2</p> <p>11/09/23,02/10/23 23/10/23,13/11/23 04/12/23,22/01/24</p>	<p>Pepperoni Pizza (G,D) or Cheese/Tomato Pizza (V,G,D) Mash Coleslaw Sweet corn Chocolate Shortbread (G)</p>	<p>Salmon Fish Pie (F,M,D) Or Macaroni Cheese (V,G,D) Potatoes Carrots Broccoli Fruity Sponge/Custard(G,M,D)</p>	<p>Mince Beef Hotpot or Sweet Potato and Lentil Curry (G) Rice Cauliflower Mixed Vegetable Banana Cake (G,E,M)</p>	<p>Roast Chicken Dinner (S) or Wholemeal Herby Tomato and Vegetable Pasta (V,G,D) Roast Potato Cabbage Green Beans Golden Cracknel (G)</p>	<p>Fish Fingers (F,G) or Vegetable Fish Fingers (V,G,C) Chips Baked Beans Peas Vanilla Ice Cream with Fruit cocktail (V,M)</p>
<p>Week 3</p> <p>18/09/23,09/10/23 20/11/23,11/12/23 29/01/24</p>	<p>BBQ Chicken Pizza (G,V,D) or Cheese/Tomato Pizza (V,G,D) Mash Coleslaw Sweet corn Raisin Cookie (G)</p>	<p>Spaghetti Bolognese (G) Or Vegetable Wrap (V,G) Potatoes Carrots Broccoli Toffee Apple Crumble/Custard (D,M,G)</p>	<p>Potato, Bacon and Egg Pie (E,M,D) or Five Bean curry (V) Rice Cauliflower Mixed Vegetable Rock Cakes (G,D)</p>	<p>Roast Chicken Dinner (S) or Cheese and Potato Pie (V) Roast Potato Cabbage Green Beans Chocolate Crunchy Cookie (G)</p>	<p>Fish Cakes (F,G) or Spanish Omelette (V) Chips Baked Beans Peas Orange Jelly and Fruit Trifle (V,M)</p>

A fresh salad bar is available Monday to Thursday as an alternative to hot food.

Homemade bread, Fresh fruit and yoghurts available daily.

MENUS ARE SUBJECT TO CHANGE AT SHORT NOTICE IF ANY UNFORSEEN CIRCUMSTANCES OCCUR

<u>ALLERGEN INFORMATION</u>	
G - GLUTEN N- NUTS P- PEANUTS E- EGGS M- MILK D- DAIRY S-SOYA F- FISH L- LUPIN	S/D – Sulphites (SULPHUR DIOXIDE) C- CELERY C/F- CRUSTACEA M/F- MOLLUSCS S/S- SESAME SEEDS L- LUPIN MC- MAY CONTAIN ALLERGENS CR-CEREAL MU-MUSTARD

THE COST OF A SCHOOL LUNCH

IS £2.10

ANY SPECIAL DIETARY needs please inform the School office